

Contractor: North Central District Health Department
Program Name: North Central District Health

Intervention Name: **Support for Others...Support for Me**

Intervention Type: **GLI**

Number of sessions: 6

Goal of Intervention:

- To prevent the spread of HIV by addressing risk through assessment, conversation and community development.

Intended Outcome:

- 90% of participants will attend 4 or more sessions.
- All who attend 4 or more sessions will demonstrate change in general knowledge and understanding of HIV transmission.
- By 2005 will be sustained without outside leadership, and new members will be recruited by the participants.

Outcome measurement tool used: Rubric self assessment tool

Priority Population to be served: HIV positive

Priority Population to be reached: 8 (6 male/2 female)

Evidence or theory base? Social Empowerment Theory

Session Topics: Relationships and HIV, Trigger Management, Self Talk, Negotiation, Substance abuse and risk reduction

Contractor: North Central District Health Department
Program Name: North Central District Health

Intervention Name: **Step Back...Move Ahead Prison Project**

Intervention Type: **GLI**

Number of sessions: 5

Goal of Intervention:

- To provide incarcerated men in Idaho correctional settings with knowledge about HIV, and skills to avoid HIV infection.
- To encourage condom use upon release from prison.
- To encourage HIV testing upon release for those who have engaged in high-risk behavior while incarcerated.

Intended Outcome:

- More than 50% of the participants will indicate intent to use condoms upon release from prison.
- 80% of those who complete both the pre and post-test will demonstrate increased knowledge, and those with change in beliefs will reflect toward being more rather than less willing to prevent HIV spread.

Outcome measurement tool used: Rubric pre and post

Priority Population to be served: IDU primary; MSM secondary

Priority Population to be reached: 120 male

Evidence or theory base? Health Belief Model of behavior change.

Session Topics/Content:

- Introduction to Step Back
- HIV: What it is and how it works (2 sessions)
- HCV: What it is and how it works
- Closing: What did you learn?

Contractor: North Central District Health Department
Program Name: North Central District Health

Intervention Name: **PCM**

Intervention Type: PCM

Number of sessions: 3-5

Goal of Intervention:

- To assist HIV+ clients in obtaining service that would prevent or reduce behaviors that result in further spread of HIV.

Intended Outcome:

- Change in behavior based on evaluation of data from "Prevention: Where am I Today?"

Outcome measurement tool used: Rubric

Priority Population to be served: HIV + Persons

Priority Population to be reached: 5 (3 males/2 female)

Evidence or theory base? Transtheoretical Model (stages of change)

Contractor: Southwest District Health Department
Program Name: Southwest District Health Department

Intervention Name: **GLI/Renewal Services of Idaho**

Intervention Type: GLI

Number of sessions: 4

Goal of Intervention:

- Attendees will become aware of their risk status according to their behaviors. Overall knowledge of HIV, STDs and blood borne pathogens will be increased. Attendees will gain knowledge of specific methods of prevention.

Intended Outcome:

- 20-30% will indicate on the evaluation form their intent to change behaviors, e.g. increased condom use, limiting # of partners, no sharing needles.
- A pre and post test will indicate a 10-15% increase in knowledge of HIV, STDs, blood borne pathogens and methods of prevention.

Outcome measurement tool used: STD/AIDS evaluation

Priority Population to be served: IDU primary; Heterosexual secondary

Priority Population to be reached: 10

Evidence or theory base? Orem's Self Care Model

Session Topics:

Contractor: South Central District Health Department
Program Name: South Central District Health Department

Intervention Name: **Idaho Youth Ranch Adolescent Male Group Level Intervention**

Intervention Type: GLI

Number of sessions: 3

Goal of Intervention:

- To promote attitude and behavior changes and teach safe sex and IDU negotiating skills to youth who are already at risk through illegal activities.

Intended Outcome:

- 75 % increase in reported condom use and 50% increase in clean IDU works.

Outcome measurement tool used: submitted own assessment tool

Priority Population to be served: Heterosexual primary; IDU secondary

Priority Population to be reached: 120 males ≤ 19

Evidence or theory base? Diffusion of Innovation Theory

Session Topics:

- Introduction; HIV/AIDS Information and education
- Stopping the spread of HIV – Part 1
- Stopping the spread of HIV – Part 2

<p>Contractor: South Central District Health Department Program Name: South Central District Health Department</p> <p>Intervention Name: Idaho Youth Ranch Adolescent Female Group Level Intervention Intervention Type: GLI Number of sessions: 3 Goal of Intervention:</p> <ul style="list-style-type: none"> ➤ To promote attitude and behavior changes and teach safe sex and IDU negotiating skills to youth who are already at risk through illegal activities. <p>Intended Outcome:</p> <ul style="list-style-type: none"> ➤ 75 % increase in reported condom use and 50% increase in clean IDU works. <p>Outcome measurement tool used: submitted own assessment tool Priority Population to be served: Heterosexual primary; IDU secondary Priority Population to be reached: 120 females ≤ 19 Evidence or theory base? Diffusion of Innovation Theory</p> <p>Session Topics:</p> <ul style="list-style-type: none"> • Introduction; HIV/AIDS Information and education • Stopping the spread of HIV – Part 1 • Stopping the spread of HIV – Part 2
<p>Contractor: South Central District Health Department Program Name: South Central District Health Department</p> <p>Intervention Name: Competency Development Center, Youth and AIDS Group Level Intervention Intervention Type: GLI Number of sessions: 3 Goal of Intervention:</p> <ul style="list-style-type: none"> ➤ To promote attitude and behavior changes and teach safe sex and IDU negotiating skills to youth who are already at risk through illegal activities. <p>Intended Outcome:</p> <ul style="list-style-type: none"> ➤ 75 % increase in reported condom use and 50% increase in clean IDU works. <p>Outcome measurement tool used: submitted own assessment tool Priority Population to be served: Heterosexual primary; IDU secondary Priority Population to be reached: 80 youth ≤ 19 Evidence or theory base? Diffusion of Innovation Theory</p> <p>Session Topics:</p> <ul style="list-style-type: none"> • Introduction; HIV/AIDS Information and education • Stopping the spread of HIV – Part 1 • Stopping the spread of HIV – Part 2
<p>Contractor: South Central District Health Department Program Name: South Central District Health Department</p> <p>Intervention Name: PCM Intervention Type: PCM Number of sessions: 3-5 Goal of Intervention:</p> <ul style="list-style-type: none"> ➤ To assist HIV + clients in obtaining services that would prevent or reduce behaviors that result in further spread of the virus. <p>Intended Outcome:</p> <ul style="list-style-type: none"> ➤ HIV positive clients will be able to incorporate use of one risk reductions strategy based on the “Prevention: Where am I Today” assessment. <p>Outcome measurement tool used: “Prevention: Where am I Today” Rubric Priority Population to be served: Priority Population to be reached: 6 HIV positive clients Evidence or theory base? Transtheoretical Model (stages of change)</p>

Contractor: Southeastern District Health Department
Program Name: Southeastern District Health

Intervention Name: **Women's Prison Project**

Intervention Type: GLI

Number of sessions: 8

Goal of Intervention:

- Provide comprehensive knowledge and behavior change strategies that promote risk reduction behaviors for the prevention of HIV/AIDS, Hepatitis and Sexually Transmitted Disease transmission.

Intended Outcome:

- Participants will demonstrate increased knowledge and perception of high risk behavior activities for HIV infection through pre and post surveys as well as post release surveys.
- Participants will report 50% increase in use of condoms one month after release and 30% condom use after three month release.

Outcome measurement tool used: Women's Prison Project Surveys

Priority Population to be served: 1-IDU; 2-Heterosexual

Priority Population to be reached: 80 women

Evidence or theory base? Health Belief Model/ Social Learning Theory

Session Topics:

- Introduction, pretest, ground rules, personality awareness
- Reproductive system/Sexually Transmitted Diseases
- Hepatitis Education
- HIV/AIDS Education/speaker
- Risk assessment/condom education
- Personal values/limits/assertiveness training
- Taking Charge
- Behavior Change Plan, Personal Ad, Posttest, evaluation, resource folder

Contractor: Southeastern District Health Department
Program Name: Southeastern District Health

Intervention Name: **Prevention Case Management**

Intervention Type: PCM

Number of sessions: 3-4 sessions

Goal of Intervention:

- To assist HIV + clients in obtaining services that would prevent or reduce behaviors that result in further spread of the virus.

Intended Outcome:

- A change in behavior based on the "Prevention: Where am I Today".

Outcome measurement tool used: Prevention: Where am I Today

Priority Population to be served:

Priority Population to be reached: 4 HIV + persons(2 male/2 female)

Evidence or theory base? Transtheoretical Model (stages of change)

Contractor: District 7 Health Department
Program Name: District 7 Health Department

Intervention Name: **Discovery House**

Intervention Type: GLI

Number of sessions: 2

Goal of Intervention:

- Participants will obtain accurate information about HIV. Participant will become more comfortable with discussion of sex with their partner.

Intended Outcome:

<p>➤ Change in behavior based on Discovery House Rubric (measuring changes in condom use, needle sharing, risks, & role in prevention).</p> <p>Outcome measurement tool used: Rubric – Changed to using STD/AIDS tool after 1st quarter</p> <p>Priority Population to be served: 1-IDU</p> <p>Priority Population to be reached: 40 women</p> <p>Evidence or theory base? Social Learning Theory</p> <p>Session Topics:</p> <ul style="list-style-type: none"> • Introduction • HIV/AIDS 101 • Empathy/Compassion • Risk/Harm Reduction • Behavior Change/Condom Game
<p>Contractor: District 7 Health Department</p> <p>Program Name: District 7 Health Department</p> <p>Intervention Name: GLI</p> <p>Intervention Type: GLI</p> <p>Number of sessions: 5</p> <p>Goal of Intervention:</p> <p>➤ Participants will obtain accurate information about HIV. Participant will become more comfortable discussing condom use with their partner.</p> <p>Intended Outcome:</p> <p>➤ Change in behavior based on Rubric (measuring changes in HIV knowledge, condom use, needle sharing, risks, & testing options).</p> <p>Outcome measurement tool used: Rubric – However, after discussion may use STD/AIDS tool</p> <p>Priority Population to be served: 1-IDU; 2-MSM/IDU</p> <p>Priority Population to be reached: 60 age, race, ethnicity not targeted</p> <p>Evidence or theory base? Social Learning Theory</p> <p>Session Topics:</p> <ul style="list-style-type: none"> • HIV/AIDS 101 • Risk Reduction
<p>Contractor: District 7 Health Department</p> <p>Program Name: District 7 Health Department</p> <p>Intervention Name: Prevention Case Management</p> <p>Intervention Type: PCM</p> <p>Number of sessions: 5 max</p> <p>Goal of Intervention:</p> <p>➤ To assist HIV positive clients in obtaining services that would prevent or reduce behaviors that result in further spread of the virus.</p> <p>Intended Outcome:</p> <p>➤ Change in behavior based on the “Prevention: Where am I Today?” Rubric (this tool measures condom use, disclosure of status, needle sharing, & role in preventing HIV).</p> <p>Outcome measurement tool used: Rubric –</p> <p>Priority Population to be served: Persons living with HIV</p> <p>Priority Population to be reached: 3-5</p> <p>Evidence or theory base? Social Learning Theory</p>
<p>Contractor: District 7 Health Department</p> <p>Program Name: District 7 Health Department</p> <p>Intervention Name: Individualized Level Intervention (ILI)</p> <p>Intervention Type: ILI</p> <p>Number of sessions: 3</p> <p>Goal of Intervention:</p> <p>➤ To assist partners of HIV positive clients to obtain services that would prevent or reduce</p>

<p>behaviors that result in HIV infection.</p> <p>Intended Outcome:</p> <ul style="list-style-type: none"> ➤ Change in behavior based on the “Prevention: Where am I Today?” Rubric (this tool measures condom use, disclosure of status, needle sharing, & role in preventing HIV). <p>Outcome measurement tool used: Rubric Priority Population to be served: Heterosexual Priority Population to be reached: 2 Evidence or theory base? Social Learning Theory</p> <p>Session Topics:</p>
<p>Contractor: El Ada Program Name: Sisters Project</p> <p>Intervention Name: Sisters Project Intervention Type: GLI Number of sessions: 6</p> <p>Goal of Intervention:</p> <ul style="list-style-type: none"> ➤ Participants will report an increase in implementation of HIV risk reduction behaviors. ➤ Participants will report increased knowledge of HIV/AIDS, sexuality, substance abuse and self-esteem issues. ➤ 60% of participants will attend all sessions of a complete intervention and will complete pre/post evaluation questionnaire. <p>Intended Outcome:</p> <ul style="list-style-type: none"> ➤ 30% increase in implementation of high-reduction behaviors. ➤ 30% increase in knowledge. ➤ 60% attendance as evidenced by intervention report forms. <p>Outcome measurement tool used: STD/AIDS pre/post intervention questionnaire Priority Population to be served: 1-Heterosexual; 2-IDU Priority Population to be reached: 50 (48 women/2 Transgender) Evidence or theory base? Social Skills Training has foundation in Social-cognitive Theory and theories of gender empowerment</p> <p>Session Topics</p> <ul style="list-style-type: none"> • Gender Pride • HIV/AIDS Education • Assertiveness Skills Training • Behavioral Self Management Training • Coping Skills • Graduation
<p>Contractor: El Ada Program Name: Sisters Project</p> <p>Intervention Name: Sisters Project Intervention Type: ILI Number of sessions: 2</p> <p>Goal of Intervention:</p> <ul style="list-style-type: none"> ➤ Participants will report an increase in implementation of HIV risk reduction behaviors. ➤ Participants will report increased knowledge of HIV/AIDS, sexuality, substance abuse and self-esteem issues. ➤ Participants will attend all sessions of a complete intervention and 100% will complete pre/post evaluation questionnaire. <p>Intended Outcome:</p> <ul style="list-style-type: none"> ➤ 30% increase in implementation of high-reduction behaviors. ➤ 30% increase in knowledge. ➤ 100% attendance as evidenced by intervention report forms. <p>Outcome measurement tool used: Behavior Change Plan</p>

<p>Priority Population to be served: 1-Heterosexual; 2-IDU Priority Population to be reached: 18 women Evidence or theory base? Social-Cognitive Theory, Theory of Reasoned Action Session Topics:</p>
<p>Contractor: Idaho State University Program Name: Genesis</p> <p>Intervention Name: Revelations Intervention Type: GLI Number of sessions: 1 Goal of Intervention:</p> <ul style="list-style-type: none"> ➤ Change in attitudes about safer sex. ➤ Decreased risky sexual behavior (anal sex without a condom) ➤ Increased discussion among peers about safer sex. <p>Intended Outcome:</p> <ul style="list-style-type: none"> ➤ 5% change in attitude about safer sex. ➤ 5% decrease in risky sexual behavior. ➤ 5% increase in discussion among friends about safer sex. <p>Outcome measurement tool used: using pre/post survey recommended for intervention Priority Population to be served: 1-MSM Priority Population to be reached: 100 (90 male/5 female/5 transgender) Evidence or theory base? Evidence based...Mpowerment project Session Goals:</p> <ul style="list-style-type: none"> • Introduction • Interpersonal Issues, emphasis on dating, meeting partners • Safer sex guidelines • How to have better safer sex • Fun with condoms • Negotiating safer sex interactions • Encouraging friends to have safer sex
<p>Contractor: Idaho State University Program Name: Genesis</p> <p>Intervention Name: Revelations II Intervention Type: GLI Number of sessions: 12 Goal of Intervention:</p> <ul style="list-style-type: none"> ➤ Change in attitude about safer sex. ➤ Decrease in risky sexual behavior (anal sex without a condom) ➤ Increase in discussion among peers about safer sex. ➤ Decreased internalized homophobia. ➤ Increased self-esteem. <p>Intended Outcome:</p> <ul style="list-style-type: none"> ➤ 5% change in attitude about safer sex. ➤ 5% decrease in risky sexual behavior. ➤ 5% increase in discussion among friends about safer sex. ➤ Decreased internalized homophobia. ➤ Increased self-esteem. <p>Outcome measurement tool used: using pre/post survey recommended for intervention Priority Population to be served: 1-MSM Priority Population to be reached: 100 (90 male/5 female/5 transgender) Evidence or theory base? Evidence based...Mpowerment project Session Topics:</p> <ul style="list-style-type: none"> • Interpersonal Issues

- Safer Sex Guidelines
- How to Have Better Safe Sex
- Negotiating Safer Sex Interactions
- Communication
- Self-Esteem
- Assertiveness Training
- Substance Abuse Issues
- Spirituality/religion
- Interpersonal Issues I
- Interpersonal Issues II

Contractor: Idaho State University

Program Name: W.I.S.E. Project (Women's Issues and Sexual Empowerment)

Intervention Name: **W-Group**

Intervention Type: GLI

Number of sessions: 8

Goal of Intervention:

- W-Groups will address heterosexual rural women's sexual practices and empower them to make changes in their decision making. The goal of W-Group is to decrease risky behaviors and attitudes related to the transmission of HIV. Specifically, the goal is to increase use of condoms by 20% and increase positive attitudes towards safer sex by 20%. A further goal is to decrease "dirty" needle use by 20%. The final goal of W-Group is to increase discussions about safer sex with friends by 20%.

Intended Outcome:

- The intended behavioral outcome is a 20% increase in the condom usage reported from session 1 to 3 months following the last group.
- The intended attitude change will include increasing women's positive attitudes towards safer sex by 20% 3 months following the last group.
- A 20% decrease in use of "dirty" needles is the intended outcome for women using injections drugs.
- The final intended outcome is to see a 20% increase in safer sex discussion with friends 3 months following the last group.

Outcome measurement tool used: Both behavior and attitude change will be measured using the W-Group pre and post test.

Priority Population to be served: 1-Heterosexual; 2-IDU

Priority Population to be reached: 75 females

Evidence or theory base? Evidence based (motivational/skills training and community oriented prevention)

Session Topics:

- Introduction to Group
- Gender Pride
- HIV/AIDS 101
- How to Have Fun, Hot, Safer Sex
- Assertiveness Training
- Negotiating Safer Sex
- Encouraging Friends and Family to Have Safer Sex
- Living with AIDS

Contractor: Mountain States Group

Program Name: MSG-Women's Prison Project

Intervention Name: **Women's Prison Project (Rider Program)**

Intervention Type: GLI

Number of sessions: 8

Goal of Intervention:

- Increased knowledge of HIV, STDs and Hepatitis C and transmission reduction.
- Increased skills in critical thinking, decision making and communications.
- Realistic assessment of risk profile resulting in behavior change.

Intended Outcome:

- 10% increase in knowledge of HIV transmission and safer sexual practices.

Outcome measurement tool used: Women's Prison Project pre/post intervention survey

Priority Population to be served: 1-IDU; 2-Heterosexual

Priority Population to be reached: 216 females

Evidence or theory base? Social Learning Theory

Session Topics:

- Introduction; rule setting; pre-test
- Myers-Briggs Type Indicator; Human Sexual Behaviors; Determining Risk Behavior; Decision Making Model
- Interpretation of MBTI results; Human Sexual Anatomy
- HIV Prevention; "Bloodlines" Video; HIV Stats and Behaviors That Put One at Risk-IDU Behavior
- Hepatitis A, B, C and Their Relationship to HIV; IDU Behaviors and Risks
- Other STDs and Their Relationship to HIV & Hepatitis B, C, Gonorrhea, Chlamydia, Herpes & Papilloma
- Proper Use of Condoms; Nature of STDs and How they Differ
- Certificates to Participants; Post-test; Practice Role Playing and Negotiating for Safer Sex

Contractor: Mountain States Group

Program Name: MSG-BOI O BOI

Intervention Name: **Group Level Intervention I (SIRS)**

Intervention Type: GLI

Number of sessions: 4

Goal of Intervention:

- Knowledge goal one: Participants will identify a gain in HIV knowledge regarding risk factors (sexual and injectable drug use), personal risk and need for testing.
- Knowledge goal two: Participants will report an increase in their knowledge of safer sex.
- Knowledge goal three: Participants will report an increase in their knowledge of issues related to self-esteem and sexuality.
- Behavior goal one: Participants will demonstrate safer sex skills (negotiation, social skills) through role-plays, cognitive rehearsal, and facilitator feedback.
- Process goal one: 75% of participants will attend four sessions of one complete intervention and complete pre/post test evaluation.

Intended Outcome:

- Knowledge goal one: Participants will show a 15% gain in HIV knowledge regarding risk factors (sexual and injectable drug use), personal risk and need for testing as indicated by pre/post test evaluation.
- Knowledge goal two: Participants will report a 15% increase in their knowledge of safer sex as indicated by pre/post test evaluation.
- Knowledge goal three: Participants will report a 15% increase in their knowledge of issues related to self-esteem and sexuality.
- Behavior goal one: Participants will demonstrate safer sex skills (negotiation, social skills) through role-plays and cognitive rehearsal as evaluated by the facilitator.
- Process goal one: 75% of participants will attend four sessions of one complete intervention and complete pre/post test evaluation as monitored by process evaluation forms.

Outcome measurement tool used: STD/AIDS pre/post intervention survey

Priority Population to be served: 1-MSM; 2-MSM/IDU

Priority Population to be reached: 40 males

<p>Evidence or theory base? Empowerment theory</p> <p>Session Topics:</p> <ul style="list-style-type: none"> • Safer Sex • Identity • Relationships • Stereotypes
<p>Contractor: Mountain States Group Program Name: MSG-BOI O BOI</p> <p>Intervention Name: Group Level Intervention II (MIMI) Intervention Type: GLI Number of sessions: 4</p> <p>Goal of Intervention:</p> <ul style="list-style-type: none"> ➤ Knowledge goal one: Participants will retain HIV knowledge regarding risk factors (sexual and injectable drug use), personal risk and need for testing. ➤ Knowledge goal two: Participants will report an increase in their knowledge of issues related to self-esteem, sexuality, substance abuse, and violence. ➤ Behavior goal one: Participants will indicate increased comfort with discussion of HIV Prevention issues with partners and/or friends. ➤ Behavior goal two: Participants will report an increase in implementation of HIV risk reduction behaviors. ➤ Process goal one: 75% of participants will attend four sessions of one complete intervention and complete pre/post test evaluation. <p>Intended Outcome:</p> <ul style="list-style-type: none"> ➤ Knowledge goal one: Participants will retain HIV knowledge regarding risk factors (sexual and injectable drug use), personal risk and need for testing as indicated by pre/post test evaluation questions. ➤ Knowledge goal two: Participants will report a 15% increase in their knowledge of issues related to self-esteem, sexuality, substance abuse, and violence as indicated by pre/post test evaluation. ➤ Behavior goal one: Participants will indicate increased comfort with discussion of HIV Prevention issues with partners and/or friends as reported on pre/post test evaluation tool. ➤ Behavior goal two: Participants will report an increase in implementation of HIV risk reduction behaviors as reported on pre/post test evaluation tool. ➤ Process goal one: 75% of participants will attend four sessions of one complete intervention and complete pre/post test evaluation. <p>Outcome measurement tool used: STD/AIDS pre/post intervention survey Priority Population to be served: 1-MSM; 2-MSM/IDU Priority Population to be reached: 60 males Evidence or theory base? Empowerment theory</p> <p>Session Topics:</p> <ul style="list-style-type: none"> • Masculinity/Gender • I.D. Community Support • Men's Health • Image/Culture Jam
<p>Contractor: Mountain States Group Program Name: MSG-BOI O BOI</p> <p>Intervention Name: Group Level Intervention III (JISD) Intervention Type: GLI Number of sessions: 4</p>

Goal of Intervention:

- Knowledge goal one: Participants will retain HIV knowledge regarding risk factors (sexual and injectable drug use), personal risk and need for testing.
- Knowledge goal two: Participants will report an increase in their knowledge of issues related to self-esteem, sexuality, substance abuse, and violence.
- Behavior goal one: Participants will indicate increased comfort with discussion of HIV Prevention issues with partners and/or friends.
- Behavior goal two: Participants will report an increase in implementation of HIV risk reduction behaviors.
- Attitude Goal one: Participants will understand how attitude influences risk behavior and transmission of HIV.
- Process goal one: 75% of participants will attend four sessions of one complete intervention and complete pre/post test evaluation.

Intended Outcome:

- Knowledge goal one: Participants will retain HIV knowledge regarding risk factors (sexual and injectable drug use), personal risk and need for testing as indicated by pre/post test evaluation questions.
- Knowledge goal two: Participants will report a 15% increase in their knowledge of issues related to self-esteem, sexuality, substance abuse, and violence as indicated by pre/post test evaluation.
- Behavior goal one: Participants will indicate increased comfort with discussion of HIV Prevention issues with partners and/or friends as reported on pre/post test evaluation tool.
- Behavior goal two: Participants will report an increase in implementation of HIV risk reduction behaviors as reported on pre/post test evaluation tool.
- Attitude Goal one: Participants will show gain in how attitude influences risk behavior and transmission of HIV as evaluated by pre/post evaluation measures.
- Process goal one: 75% of participants will attend four sessions of one complete intervention and complete pre/post test evaluation.

Outcome measurement tool used: STD/AIDS pre/post intervention survey

Priority Population to be served: 1-MSM; 2-MSM/IDU

Priority Population to be reached: 60 males

Evidence or theory base? Empowerment theory

Session Topics:

- Journal Writing (HIV Prevention Focus)
- Intimacy (Including Condom Use)
- Substance/Drug Use/Abuse/Harm Reduction (Partner with other Community Groups)
- Disclosure

Contractor: Mountain States Group

Program Name: MSG-BOI O BOI

Intervention Name: **Couples GLI**

Intervention Type: GLI

Number of sessions: 4

Goal of Intervention:

- Participants will report an increase in their knowledge of safer sex.
- Participants will indicate increased comfort with discussion of HIV Prevention issues with partners and/or friends.
- Participants will report better communication with their sexual partner.
- Six to eight couples will attend all four group sessions.

Intended Outcome:

- Participants will report a 15% increase in their knowledge of safer sex as indicated by pre and post evaluation questions.

<ul style="list-style-type: none"> ➤ Participants will report increased comfort with discussion of HIV Prevention issues with partners and/or friends as indicated by pre/post evaluation questions. ➤ 75% of participants will report better communication with their sexual partner based on pre/post test evaluations. ➤ 6 to 8 couples will complete intervention by attending all four sessions as monitored on process monitoring forms. <p>Outcome measurement tool used: STD/AIDS pre/post intervention survey Priority Population to be served: 1-MSM; 2-MSM/IDU Priority Population to be reached: 18 males Evidence or theory base? Session Topics:</p>
<p>Contractor: Mountain States Group Program Name: MSG-BOI O BOI</p> <p>Intervention Name: Individual Level Intervention Intervention Type: ILI Number of sessions: 5 Goal of Intervention:</p> <ul style="list-style-type: none"> ➤ High risk participants (as defined by the Idaho Epidemiological Profile) will know their HIV status. ➤ Participants will develop and implement a “harm reduction plan” to empower them to make better decisions about safer sex practices, drug/alcohol use and/or coping mechanisms for dealing with daily stressors. ➤ Participants will identify a gain in HIV knowledge regarding risk factors (sexual and injectable drug use), personal risk and need for testing. ➤ Participants will attend all sessions of one complete intervention ➤ 100% of participants will complete pre/post evaluations. <p>Intended Outcome:</p> <ul style="list-style-type: none"> ➤ 10 participants with 90% completing HIV testing and receiving their results as evidenced by self-reporting with pre/post test. ➤ 100% program participants complete workbook indicating intent to change behavior evidence by reporting in quarterly reports. ➤ Participant will report 75% increase in the use of condoms for anal sex as evidenced by self reporting on pre/post evaluations(s). ➤ Interventions consist of 5 sessions, participation as evidenced by process monitoring forms. ➤ 100% participation as evidenced by submitted pre/post evaluations. <p>Outcome measurement tool used: BOI O BOI Risk assessment/harm reduction plan Priority Population to be served: 1-MSM; 2-MSM/IDU Priority Population to be reached: 10 males Evidence or theory base? Session Topics:</p>
<p>Contractor: NAACP Program Name: NAACP HIV/AIDS Education Program</p> <p>Intervention Name: Sista 2 Sista Intervention Type: GLI Number of sessions: 12 Goal of Intervention:</p> <ul style="list-style-type: none"> ➤ Behavior goal 1: Participants will report an increase in implementation of HIV risk reduction behaviors. ➤ Knowledge goal 2: participants will report increased knowledge of HIV/AIDS, sexuality, substance abuse and self-esteem issues. ➤ Process goal 3: 60% of participants will attend all sessions of the intervention and will complete pre/post evaluation questionnaires.

<p>Intended Outcome:</p> <ul style="list-style-type: none"> ➤ Behavior goal 1: Participants will report an increase in implementation of HIV risk reduction behaviors. Specifically, participants will report an increased willingness to use condoms, and willingness to choose not to have sex if a condom is not available. ➤ Knowledge Goal 2: participants will report increased knowledge of HIV/AIDS, sexuality, substance abuse and self esteem issues. ➤ Process Goal 3: 60% of participants will attend all sessions of the intervention and will complete pre/post evaluation questionnaire. <p>Outcome measurement tool used: STD/AIDS program pre/post intervention survey Priority Population to be served: 1-Heterosexual Priority Population to be reached: 22 females Evidence or theory base? Evidence...S.I.S.T.A. Project</p> <p>Session Topics:</p> <ul style="list-style-type: none"> • Ethnic/Gender Pride • HIV/AIDS Education • Assertiveness Skills Training • Behavioral Self-Management Training • Coping Skills
<p>Contractor: NAACP Program Name: NAACP HIV/AIDS Education Program</p> <p>Intervention Name: African American Women's Luncheons Intervention Type: GLI Number of sessions: 2</p> <p>Goal of Intervention:</p> <ul style="list-style-type: none"> ➤ Young adult and adult African American Women in Boise, Idaho Falls, and Pocatello communities will receive prevention education concerning HIV risk behaviors and will explore behaviors that place them at risk. <p>Intended Outcome:</p> <ul style="list-style-type: none"> ➤ Participants will show a gain in knowledge of risk reduction behaviors as evidenced by pre/post evaluation. Participants will learn sexual negotiation and refusal skills. <p>Outcome measurement tool used: STD/AIDS program pre/post intervention survey Priority Population to be served: 1-Heterosexual Priority Population to be reached: 64 females Evidence or theory base? Stages of Change/Evidenced by Swope Parkway Health Center Session Topics: Awaiting curriculum submission.</p>
<p>Contractor: Nez Perce Program Name: Students for Success Program</p> <p>Intervention Name: Street Smart Intervention Type: GLI Number of sessions: 8</p> <p>Goal of Intervention:</p> <ul style="list-style-type: none"> ➤ To reduce or delay onset of risky sexual behaviors and Alcohol, Tobacco, and Other Drugs (ATOD) use and increase developmental assets among High-Risk Native American youth. <p>Intended Outcome:</p> <ul style="list-style-type: none"> ➤ Perception of harm and personal vulnerability as they relate to substance use and HIV infection. ➤ Perception of self-efficacy in making health choices. ➤ Knowledge about HIV transmission (including the influence of substance use in such) ➤ Refusal skills <p>Outcome measurement tool used: SAMHSA Cross-site Youth Survey for S/A & HIV</p>

Priority Population to be served: 1-Heterosexual
Priority Population to be reached: 25 (8males/ 17 female)
Evidence or theory base? Evidence...CDC approved Street Smart model

Session Topics:

- Getting the Language of HIV and STDs
- Personalized Risk
- How to Use Condoms
- Drugs and Alcohol
- Recognizing and Coping with Feelings
- Negotiating Effectively
- Self-Talk
- Safer Sex

Contractor: Nez Perce Tribe

Program Name: Students for Success Program

Intervention Name: AIDS/HIV Prevention for Native American Youth/ILI

Intervention Type: ILI

Number of sessions: 10

Goal of Intervention:

- To reduce or delay onset of risky sexual behaviors and Alcohol, Tobacco, and Other Drugs (ATOD) use and increase developmental assets among High-Risk Native American youth.

Intended Outcome:

- Perception of harm and personal vulnerability as they relate to substance use and HIV infection.
- Perception of self-efficacy in making health choices.
- Knowledge about HIV transmission (including the influence of substance use in such)
- Refusal skills
- School Connectedness

Outcome measurement tool used: SAMHSA Cross-site Youth Survey for S/A & HIV

Priority Population to be served: 1-Heterosexual

Priority Population to be reached: 13 (7 males/ 6 female)

Evidence or theory base? Evidence...CDC approved Street Smart model

Session Topics: Street Smart Model

Contractor: NIAC

Program Name: NIAC

Intervention Name: MSM Men's Group

Intervention Type: GLI

Number of sessions: 8

Goal of Intervention:

- Behavior Goal 1: Participants will report an increase in sexual negotiation skills related to HIV prevention.
- Behavior Goal 2: Participants will indicate an increase in comfort with discussion of HIV prevention issues with friends and partners.
- Knowledge Goal 1: Participants will report an increased knowledge of HIV transmission and risk factors.
- Process Goal 1: 80% of participants will attend 6 or more sessions and complete pre and post test evaluations.

Intended Outcome:

- Behavior Outcome 1: Participants will show a 30% increase in implementation of risk reduction behaviors as evidenced by indicators on pre and post test evaluation.
- Behavioral Outcome 2: Participants will show a 15 % increase in comfort level of discussion of HIV prevention issues with partners and friends as evidenced by indicators on pre and post test evaluations.

<ul style="list-style-type: none"> ➤ Knowledge Outcome 1: Participants will show a 50% increase in knowledge of HIV transmission and risk factors as evidenced by indicators on pre and post test evaluations. ➤ Process Outcome: 80% of participants will attend 6 or more sessions as evidenced by intervention report forms. <p>Outcome measurement tool used: undecided (indicated either STD/AIDS tool or NIAC developed tool)</p> <p>Priority Population to be served: 1-MSM; 2-MSM/IDU</p> <p>Priority Population to be reached: 20-30 men ages 20 and above</p> <p>Evidence or theory base? Social Learning Theory</p> <p>Session Topics:</p> <ul style="list-style-type: none"> • Introduction to Group • Triggers & Management • Triggers & Management (part 2) • Dating, Social Skills & Relationships in the World of HIV • HIV 101 or 501 • Risk Reduction & Management Strategies • Sexual Negotiations • Closure
<p>Contractor: NIAC</p> <p>Program Name: NIAC</p> <p>Intervention Name: Positive Living</p> <p>Intervention Type: GLI</p> <p>Number of sessions: 7</p> <p>Goal of Intervention:</p> <ul style="list-style-type: none"> ➤ Behavior Goal 1: Participants will report an increase in sexual negotiation skills related to HIV prevention ➤ Behavior Goal 2: Participants will indicate an increase in comfort with discussion of HIV prevention issues with friends and partners. ➤ Knowledge Goal 1: Participants will report an increased knowledge of HIV transmission and risk factors. ➤ Process Goal 1: 80% of participants will attend 6 or more sessions and complete pre and post test evaluations. <p>Intended Outcome:</p> <ul style="list-style-type: none"> ➤ Behavior Outcome 1: Participants will show a 30% increase in implementation of risk reduction behaviors as evidenced by indicators on pre and post test evaluation. ➤ Behavioral Outcome 2: Participants will show a 15 % increase in comfort level of discussion of HIV prevention issues with partners and friends as evidenced by indicators on pre and post test evaluations. ➤ Knowledge Outcome 1: Participants will show a 50% increase in knowledge of HIV transmission and risk factors as evidenced by indicators on pre and post test evaluations. ➤ Process Outcome: 80% of participants will attend 6 or more sessions as evidenced by intervention report forms. <p>Outcome measurement tool used: undecided</p> <p>Priority Population to be served: 1-MSM; 2-MSM/IDU</p> <p>Priority Population to be reached: 20-30 HIV + persons</p> <p>Evidence or theory base? Cognitive Behavioral Model; Trans theoretical Model</p> <p>Session Topics:</p> <ul style="list-style-type: none"> • Introduction to Group Process/Administration of Pre-test • Triggers for Risk Taking Behaviors: Discover relationship between isolation, stigma & disclosure with risk taking behaviors • Triggers for Risk Taking Behaviors: Discover relationship between depression, stigma, disclosure with risk taking behaviors • Dating & Social Skills Enhancement

<ul style="list-style-type: none"> • Risk Reduction Strategies • HIV 101 • Barriers to Behavior Change • Closure/Administration of Post-test
<p>Contractor: NIAC Program Name: NIAC</p> <p>Intervention Name: Women's Power Intervention Type: GLI Number of sessions: 6</p> <p>Goal of Intervention:</p> <ul style="list-style-type: none"> ➤ Behavior Goal 1: Participants will report an increase in sexual negotiation skills related to HIV prevention ➤ Behavior Goal 2: Participants will indicate an increase in comfort with discussion of HIV prevention issues with friends and partners. ➤ Knowledge Goal 1: Participants will report an increased knowledge of HIV transmission and risk factors. ➤ Process Goal 1: 80% of participants will attend 6 or more sessions and complete pre and post test evaluations. <p>Intended Outcome:</p> <ul style="list-style-type: none"> ➤ Behavior Outcome 1: Participants will show a 30% increase in implementation of risk reduction behaviors as evidenced by indicators on pre and post test evaluation. ➤ Behavioral Outcome 2: Participants will show a 15 % increase in comfort level of discussion of HIV prevention issues with partners and friends as evidenced by indicators on pre and post test evaluations. ➤ Knowledge Outcome 1: Participants will show a 50% increase in knowledge of HIV transmission and risk factors as evidenced by indicators on pre and post test evaluations. ➤ Process Outcome: 80% of participants will attend 6 or more sessions as evidenced by intervention report forms. <p>Outcome measurement tool used: undecided Priority Population to be served: 1-Mother with/at risk for HIV; 2-General population Priority Population to be reached: 8-12 females Evidence or theory base? Cognitive Behavioral Model; Trans theoretical Model</p> <p>Session Topics:</p> <ul style="list-style-type: none"> • Introduction • HIV 101 • Am I at Risk • Consistent and Correct Use • Other Risk Reduction Strategies • Closure
<p>Contractor: NIAC Program Name: NIAC</p> <p>Intervention Name: Individual Level Interventions Intervention Type: ILI Number of sessions: 4</p> <p>Goal of Intervention: To provide individualized health education and risk-reduction counseling targeted to individuals who reside in one of the five northern counties of Idaho who have been identified by high risk behaviors for HIV infection.</p> <p>Intended Outcome:</p> <ul style="list-style-type: none"> ➤ Individual's awareness of HIV risk will increase as monitored by their participation. ➤ Individuals will be assisted in making appraisals of personal risk and in making individual behavior changes through development of a personal risk reduction strategy ➤ Individuals will increase their skill at personal HIV risk-reduction as evidenced by a gain

<p>in HIV knowledge regarding sexual risk factors, knowledge of safer sex techniques and an understanding of how attitude influences risk behavior and transmission of HIV as measured by indicators on pre and post evaluation questions.</p> <ul style="list-style-type: none"> ➤ 100% of individuals will complete pre/post questionnaire and develop a personal risk reduction strategy. <p>Outcome measurement tool used: undecided Priority Population to be served: 1-MSM Priority Population to be reached: 3 males Evidence or theory base? Cognitive Behavioral Model; Trans theoretical Model</p> <p>Session Goals:</p> <ul style="list-style-type: none"> • To develop trusting relationship; to understand HIV basics, risky behaviors, & their ranking; to have consumer understand their personal ranking of risk • To discover dynamics of sexual risk-taking; to personally assess triggers of risk; to plan ways to cope with triggers • To discover barriers to reducing risk • To develop a personal risk reduction strategy; to take first steps in implementing strategy; to recognize coping skills after relapse
<p>Contractor: NIAC Program Name: NIAC</p> <p>Intervention Name: Prevention Case Management Intervention Type: PCM Number of sessions: 5</p> <p>Goal of Intervention: To assist HIV + clients in obtaining services that will prevent or reduce behaviors that result in further spread of the virus.</p> <p>Intended Outcome:</p> <ul style="list-style-type: none"> ➤ Change in behavior will be assessed based on the "Prevention: Where am I today" evaluation tool. ➤ Outcome measure one will examine client's attitude towards condom use. ➤ Outcome measure two will examine client's disclosing status. ➤ Outcome measure three will examine client's attitude toward needle sharing. ➤ Outcome measure four will assess client's role (behavior/attitude/belief) in preventing HIV transmission. <p>Outcome measurement tool used: Prevention: Where am I today" evaluation tool. Priority Population to be served: Priority Population to be reached: 10 HIV + persons Evidence or theory base? Cognitive Behavioral Model; Trans theoretical Model</p>
<p>Contractor: Planned Parenthood of Idaho Program Name: What Do I Know About Me?</p> <p>Intervention Name: GLI-Booth Home for Teen Mothers Intervention Type: GLI Number of sessions: 10</p> <p>Goal of Intervention:</p> <ul style="list-style-type: none"> ➤ Increased access for high-risk mothers with/at-risk for HIV, provide awareness of accurate and current HIV information, testing information, and safer sex strategies and awareness of accessing resources, participants increased ability to protect themselves against HIV, participants attend all intervention sessions and complete pre/post tests and risk reduction plans. <p>Intended Outcome:</p> <ul style="list-style-type: none"> ➤ Approximately 10 mothers with/at-risk for HIV will have increased knowledge about HIV prevention, accessing testing and safer sex practices and knowledge of self through GLI as evidenced by 15% increase over baseline in post intervention test results, and

personal risk reduction plans.
Outcome measurement tool used: STD/AIDS Outcome Monitoring pre and post test
Priority Population to be served: 1-Mother with/at risk for HIV
Priority Population to be reached: 10
Evidence or Theory Base? Health Belief Model, Theory of Reasoned Action, Social Cognitive Theory

Session Topics:

- Pre-intervention testing, Introduction, & Overview
- HIV Myths & Facts
- HIV Risk Factors (part one)
- HIV Risk Factors (part two)
- HIV Prevention: Condoms, Other Barrier Methods, and Abstinence
- The Disease Process: From HIV to AIDS
- Sexual Health: Beyond Birth Control
- Talking with Your Partner
- HIV and Pregnancy/Childbirth
- Post-intervention Testing, Review, & Conclusion